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### How to hire a reliable babysitter

Employed mothers nowadays a very common phenomenon. For this reason, they cannot take care of their baby's properly. I studied many books, journals and articles on this issue. It is a very difficult to find out a good babysitter, who will take care the baby very well. It is difficult for a mother to trust anyone because these babysitters are stranger to the family. In this case, parents should be aware of many things regarding the safety of the baby. They should also think about the safety of their children. My goal in this paper is to find some vital ways to choose a reliable babysitter. Which mistakes parents should not do and what should the parents be afraid of at the time of hiring a good babysitter.

I have organized my paper into three main sections. In the first section, I have provided what are the activities of a babysitter and why parents need a babysitter. Then in the second section, I have discussed how we can choose a suitable babysitter and in the third section, I try to discuss the mistakes, parents should not do. In addition, what issues parents should be afraid of at the time of engaging in babysitter. My coming Essay will clear the topic with us.

#### ACTIVITIES OF A BABYSITTER

Babysitting is used to define the supportive role of helping children of varying ages and abilities. Numerous reasons exist behind hiring a babysitter. By analyzing some situations, it will be clearer to us. For example, a mother who has to join the work as her maternity leave is going to end. Then couples planning to have some special time for them

and are worried about who will take care of their baby. Different reasons are there to hire a babysitter.

*Choose a good babysitter.* Certain things parents should consider at the time of choosing a babysitter. The babysitter should be well-mannered, good educational background, must have training from any recognized organization. While hiring a babysitter, parents should follow these steps given below.

There are some ways to find a babysitter. These may include- (1) by giving an ad in the newspaper or Internet or by asking people whom parents know, (2) by asking their friends or relatives, (3) by finding out a childcare referral agency in their area.

For ensuring the liability of the babysitter, parents may contact the place these babysitters have earlier worked. They may ask how much dependable they are and how much reliable they are. Parents may ask the CPR training qualification of the babysitter. Parents might have a different viewpoint when compared with the babysitter in terms of discipline, television watching, etc. sometimes it might create unnecessary confusion in the child's mind. Parents should watch how the babysitter works and how they take care the children. This process may continue for few hours. This process is called the transition time (Wells 4). In this case, the parents should introduce the babysitter to children. They may verify, how the children are reacting to her. If things go well, kids could help to identify the best person. If they fail to handle the child properly, they will not get the job.

It is important to see how kids behave with the babysitter. Sometimes, babysitter may feel discomfort to the children because some children may create irritations to her. Parents should maintain a good relationship with the parents. Parents should regularly talk with the babysitter and try to collect information. Here, the parents may ask questions to their baby about the behavior and friendliness of the babysitter. It will also help to find out the problem.

*Mistakes Parents Should Not Make.* Parents should not make any mistakes at the time of hiring babysitters. They should screen the background of a babysitter properly. Those precautions include- Parents should screen the background of a babysitter by police verification. Hire a babysitter from reliable sources. He or she must be literate. Keep her phone numbers and photographs. Leave private phone number with her so that she can contact if necessary. Alternatively, take her full resume that may help in future if necessary. It will be better if parents hire someone known.

*Issues Parents should be fear.* One of the famous book in this context “Crimes against Children by Babysitters” has given us much information about this context. David Finkelhor and Richard Ormrod presented the book with much research. They have given a scare result from the research. They said that, Babysitters have committed sexual violence to the children nearly two to one (Finkelhor and Ormrod). Children who are aged under 3 faced the scary risk of various physical assault. It is because children who are 3 to 5 aged were most vulnerable to different sexual offenses. Periodical review of the babysitter is very much necessary, as only then parents will know whether the babysitter is doing the job properly.

#### CONCLUSION

There are numerous excellent babysitters are present, who are honest and active. Hopefully, parents will take the responsibility to find the right one for their family and childcare needs. Finding good childcare will not only free up their time but also will provide them with more flexibility. It will also add a very valuable member of their family in the form of a babysitter. Then the baby will get proper care and education from a nanny. Just do not forget to reward the babysitter. It will motivate the babysitter to look after their kid even better. But, it is more necessary that the parents will take off their children by themselves.

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